



REACHING US

Adult Day Treatment Center
330 Crescent Street
Brockton, MA 02302
Phone: 508-587-5594

HOURS

Monday - Friday
8:30 a.m. - 4:30 p.m.

BRINGING PEOPLE & SERVICES TOGETHER.

A PART OF BAMSI

Brockton Area Multi-Services, Inc. is a state-wide human services organization dedicated to “bringing people and services together.” Incorporated in 1975, BAMSI is one of the largest minority non-profit organizations in Massachusetts and delivers a broad spectrum of high-quality services to individuals and families. Program services include day and residential programs; counseling and out-reach; school-based services; child and family support services; and information, referral, and advocacy.

BAMSI’s dedicated staff and collaborative partnerships ensure that real service solutions are consistently there for people throughout the Commonwealth.



10 Christy’s Drive, Brockton, MA 02301
508-580-8700 | www.bamsi.org



ADULT DAY TREATMENT CENTER



BAMSI services have a caring heart

BAMSI IS A STATEWIDE HUMAN SERVICES ORGANIZATION DEDICATED TO “BRINGING PEOPLE AND SERVICES TOGETHER.”



The Adult Day Treatment Center provides a recovery-oriented therapeutic environment for individuals who have mental illness. The mission is to improve the functional skills essential to maintain independent daily living. Individualized Action Plans are developed based on the needs and preferences of each individual. Staff assists individuals in establishing goals related to enhancing social, emotional, and vocational skills.

PROGRAM GOALS

The Adult Day Treatment Center is committed to:

- Teaching living skills that help individuals build relationships and connect to their community
- Educating individuals to manage the symptoms associated with mental illness
- Helping individuals engage in meaningful activity

DYNAMIC GROUP TREATMENT

The primary focus of treatment is within the group setting through group therapy, peer support, and psycho-educational groups.

Process groups:

- Women’s Group
- Men’s Group
- Peer Support Group
- Problem-Solving
- Mindfulness
- Emotions Group

Therapeutic activity groups:

- Current Events
- Writing Group
- Yoga
- Focus Group
- Computer Skills
- Music Appreciation
- Baking Group
- Life Skills
- Job Readiness
- Art Therapy

Psycho-educational groups:

- Double Trouble
- Ask the Doctor
- Nutrition
- DBT Skills
- Social Readiness
- Coping Skills

WHAT PERSONS SERVED ARE SAYING ABOUT ADTC

“I like the structure. I like the interactions with people.”

“Here I am learning to cope with disabilities with new friends.”

“ADTC has helped me stay out of the hospital”

“I used to be really quiet and shy. This program helped me come out of my shell.”

“I have changed for the better since coming here. I have learned a lot.”

HOW IT WORKS

Referrals to BAMSI’s Adult Day Treatment Center can be made by any source:

- Individuals who self-refer
- Hospital social workers
- Therapists and doctors
- Case managers
- Employment services