A GUIDE TO CORPORATE, GOVERNMENT, AND LOCAL RESOURCES RESPONSES TO COVID-19

Linda Kosinski
4-8-2020

**Updated list on 4/08/2020**
# CORPORATE, GOVERNMENT, AND LOCAL RESOURCES RESPONSES TO COVID-19

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HEALTH CARE

Harvard Pilgrim Health Care

Coronavirus Information and Resources - For RCC employees who have chosen HPHC

Harvard Pilgrim urges you to stay informed about the coronavirus (COVID-19) outbreak and what you and your family can do to keep from getting sick, and how to care for yourself if your health has been affected. To facilitate your ability to receive necessary testing for suspected COVID-19 exposure, and until further notice, Harvard Pilgrim is waiving cost sharing for:

- The COVID-19 test
- Doctors office, urgent care and ER services for COVID-19 testing
- Telemedicine services

Aside from the cost sharing described above, all other benefits and coverage will be provided in accordance with plan requirements. Learn more about costs related to COVID-19 testing.

Please Visit this site for general preventive information, links to the Centers for Disease Control and Prevention (CDC) and links to state health agencies across the region. Also included are a list of Frequently Asked Questions (FAQs).

Given the high telephone call volume experienced by all health care companies at this time, you are encouraged to email any questions to the Member Services team through their secure member portal. A confidential reply will be delivered to your secure email inbox in the member portal.

When using telemedicine, you have access to virtual medical and behavioral health visits via phone or video chat with licensed health care providers. Use telemedicine to avoid crowded waiting rooms, reduce your exposure to COVID-19 and other infections and help to contain the spread of COVID-19.

Services offered through telemedicine include:

- Assessment to determine whether you need to be seen or tested for COVID-19 or other health conditions
- Urgent or routine check-in with a health care provider
- Behavioral health visits
- Non-COVID-19 related appointments that can’t happen in person due to COVID-19 precautions

Currently, all medical and behavioral health telemedicine visits are covered in full without cost sharing (i.e., copays, deductibles and coinsurance).

If there are any cost-sharing payments made by a member for telemedicine services, they will be refunded by the telemedicine provider, not Harvard Pilgrim Health Care, dating back to March 11, 2020.

Get Started With Telemedicine

Call your health care provider to see if they offer telemedicine services. If they do not offer telemedicine service, visit doctorondemand.com to be evaluated by a medical or behavioral health professional via virtual visits. Doctor on Demand is available 24 hours a day, 7 days a week.

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Advocates for behavioral health visits are available to answer calls 24 hours a day, 7 days a week at Harvard Pilgrim’s Behavioral Health Access Center at (888) 777-4742. They can direct you to resources, including telemedicine options.

If you’ve been exposed to COVID-19 or are experiencing symptoms (fever, cough or shortness of breath) call your health care provider for medical advice first.

Virtual Well-Being Classes Built For You

Harvard Pilgrim is launching a series of complimentary virtual offerings to support your path to continued well-being. From webinars filled with useful, relevant tips, to live mindfulness sessions led by their team of expert instructors - these virtual offerings will be available at your fingertips. You can expect multiple classes added each week covering subjects from stress to sleep. Access these programs and come back often to see what's new.

CORONAVIRUS HOTLINE & RESOURCES

Mass 211

Mass 211 If you have specific question you need to ask, the call center is available 24 hours a day, 7 days a week. Mass 211 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources. Always a confidential call, Mass 211 maintains the integrity of the 9-1-1 system saving that vital community resource for life and death emergencies.

Mass Covid-19 Resources

Mass.gov Resources on Covid-19 Information - The Massachusetts Department of Public Health continues keep residents updated, informed, and safe during this challenging time. Here you will find updates on case counts, testing, guidance, and resources regarding our public health response to COVID-19 in the Commonwealth.

MENTAL HEALTH RESOURCES

American Foundation for Suicide Prevention

We are in this together, and help is always available. Click on The American Foundation for Suicide Prevention If you’re feeling alone and struggling, you can also reach out to The Crisis Text Line by texting TALK to 741741 or National Suicide Prevention Lifeline at 1-800-273-TALK

Massachusetts League of Community Health Centers

Contact your local health center. Click Massleague.org. The Community Health Center employees speak over 40 languages.

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NAMI – NATIONAL ALLIANCE ON MENTAL ILLNESS
NAMI has created a Covid-19 Resource and Information Guide which answers many questions and provides many resources for those who need increased emotional support.

CRISIS SUPPORT

CRISIS TEXT LINE/EMOTIONAL SUPPORT LINE
https://www.crisistextline.org/ Text “HOME” to 741741

DISASTER DISTRESS HOTLINE
https://www.samhsa.gov/find-help/disaster-distress-helpline - Call 1-800-985-5990 or text TalkWithUs to 66746

NATIONAL DOMESTIC VIOLENCE HOTLINE
https://www.thehotline.org/ - Call 1-800-799-7233 Operating 24 hours/seven days a week, confidential and free of cost, the National Domestic Violence Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Callers to The Hotline at 1-800-799-SAFE (7233) can expect trained, experienced advocates to offering support, crisis intervention information, educational services, in over 200 languages.

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION
https://www.samhsa.gov/ - Call 800-662-HELP (4357). The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

SUICIDE PREVENTION HOTLINE
suicidepreventionhotline.org - Call 800-273-TALK (8255). The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. The Lifeline is comprised of a national network of over 150 local crisis centers, combining custom local care and resources with national standards and best practices.

PHARMACIES

CVS
CVS - CVS Pharmacy will waive charges for home delivery of prescption medications. Visit: CVS.com for more information

WALGREENS
At WALGREENS - there will be free delivery on any purchase on Walgreens.com. For more information visit Walgreens Facts

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FITNESS
The majority of gym chains across the U.S. closed their doors this week to prevent the spread of coronavirus. Now, fitness centers including Orangetheory, Gold's Gym, Blink Fitness, Crunch Fitness, LA Fitness, Life Time Fitness, Equinox, 24 Hour Fitness and others will remain closed for the foreseeable future.

Working up a sweat and staying healthy while at home can be difficult — but not impossible. Fitness studios have come up with a creative solution to keep you moving: live-streamed and recorded digital classes you can join from stuck anywhere.

**BLINK FITNESS:**

**Blink Fitness** is hosting Facebook Live sessions weekdays at 8 a.m. ET. The fitness chain will host virtual workouts, give tips to stay motivated and answer fitness questions from the comments.

**ORANGETHEORY:**

**Orangetheory's** Orangetheory is sharing a new 30-minute workout video each day, featuring some of its most popular coaches from around the world. Check for daily Workouts Here.

**PELOTON:**

For the next 90 days, **Peloton** is offering its app to new users for free. Even if you don't have the bike, the app has yoga, meditation, strength, stretching, bodyweight cardio and strength training exercises. According to the company, all you need is a mat to get started.

**NIKE TRAINING CLUB**

Nike has made all of its Nike Training Club Premium workouts free until further notice: You can download the [Nike Training Club app on the App Store to get started](https://www.nike.com/train).

**GOLD'S GYM:**

**Gold's Gym** is offering a variety of digital workouts for free through the end of May. Its app offers over 600 audio and video workouts.

**PLANET FITNESS:**

**Planet Fitness** is live streaming "Work-Ins" at 7 p.m. ET every day on Facebook. The company said its trainers, and occasionally surprise celebrity guests, will lead the 20-minute workouts, which are free for everyone.

**CRUNCH FITNESS:**

All Crunch Fitness members, regardless of membership tier, will now have free access to the **Crunch Live** platform, which offers offer 100 workouts that can be streamed on phones, tablets or TVs. The app has a variety of workouts, including dance, yoga and kickboxing.

**305 FITNESS:**

**305 Fitness** is offering cardio dance live streams twice a day on YouTube. The sessions are held at 12 p.m. and 6 p.m. ET, and are hosted by the founder of the studio, Sadie Kurzban.

**BARRY'S BOOTCAMP:**

**Barry's Bootcamp** is hosting 20-minute bodyweight workouts live on Instagram for free.
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**COREPOWER YOGA:**

CorePower Yoga is offering free access to a limited collection of online yoga and meditation classes while studios are closed. The offerings range from five-minute meditations to hour-long workout classes. Click [here](#) for the full list.

**TRAUMA SENSITIVE YOGA (TCTSY)**

This is a program of JRI (Angelica Emery Fertitta is our maaps presenter) is offering online yoga classes: [Trauma Sensitive Yoga](#)

**DOWN DOG YOGA**

Just because fitness classes have been cancelled, possibly for the next couple of months, doesn’t mean you can’t get your yoga on. [Down Dog Yoga](#) has made its app completely free to use. Download it [here](#) and move your body.

**MEDITATIONS**

**HEADSPACE**

The meditation company is making its Headspace Plus subscription free for healthcare professionals in the US through 2020. To redeem it go to Headspace, choose your state, enter your *National Provider Identifier and email address, and you should be good. This app offers daily mindfulness and relaxation exercises.

*To find your NPI click on this Link: [https://npiregistry.cms.hhs.gov/](https://npiregistry.cms.hhs.gov/)

**2 CALM**

The #1 meditation app in the world has gathered a list of meditation and sleep resources for people to use. Go to its [website](#), where you’ll find [calm music](#), [sleep stories](#), and [journals for mindfulness](#).
EDUCATIONAL

In response to the number of states, districts and schools that are shuttering schools to students over the next several weeks in response to fears about the Novel Coronavirus (COVID-19), education technology companies have stepped forward to help educators reach students in virtual ways. In many cases, the companies are making their paid services free through the rest of the school year; in other cases, they're lifting limits to services and/or adding premium features to what's free.

**FIND FREE RESOURCES**

**Free-Resources-Ed-Tech-Companies-Step-Up-During-Coronavirus-Outbreak**

**SCHOLASTIC**

Scholastic has setup a “learn from home” website which will offer free daily courses for kids stuck at home because of school cancellations. Click here for more info or to sign up. [https://classroommagazines.scholastic.com/support/learnathome.html](https://classroommagazines.scholastic.com/support/learnathome.html)

**PRODIGY MATH**

has free video game style math learning and questions. [https://www.prodigygame.com/](https://www.prodigygame.com/)

**BRAINPOP**

Free access for 30 days that will be extended as long as schools are still closed - [https://go.brainpop.com/COVID19](https://go.brainpop.com/COVID19)

**WORK SHEET FUN**

Hundreds of printable educational worksheets for free. [https://www.worksheetfun.com/](https://www.worksheetfun.com/)

**MYSTERY SCIENCE**

They’re offering free science lessons during school closures. [https://mysteryscience.com/school-closure-planning](https://mysteryscience.com/school-closure-planning)

**DUOLINGO**

Learn a new language for free! [https://www.duolingo.com/](https://www.duolingo.com/)

**AUDIBLE**

For as long as schools are closed, Audible is open. Kids everywhere can instantly stream an incredible collection of stories, including titles across six different languages, that will help them continue dreaming, learning, and just being kids. All stories are free to stream on your desktop, laptop, phone or tablet. [https://stories.audible.com/start-listen](https://stories.audible.com/start-listen)

**KIDS ACTIVITIES BLOG**

Click for a bunch more educational offers for kids when they’re off from school. [https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/](https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/)
CULTURAL

MUSEUMS

Museum of Fine Arts, Boston: The **16 virtual exhibits** include a special section on 21st Century Designer Fashion.

- **The Louvre**: You don't have to book a ticket to Paris to check out some of the famous pieces in the world's largest art museum. The Louvre has **free online tours** of three famous exhibits, including Egyptian Antiquities.
- **Solomon R. Guggenheim Museum**: The works of Pablo Picasso, Piet Mondrian, Jeff Koons, and Franz Marc are just some of the 625 artists whose work are a part of the Guggenheim's [Collection Online](#).
- **Smithsonian National Museum of Natural History**: Move at your own pace through the 360-degree room-by-room tour of **every exhibit in the museum**.
- **Van Gogh Museum**: You can get up close and personal with the impressionist painter's most famous work thanks to [Google Arts & Culture](#).
- **Getty Museum**: Los Angeles's premiere gallery has **two virtual tours**, including "Eat, Drink, and Be Merry," which is a closer look at food in the Middle Ages and Renaissance.
- **The Vatican Museum**: The Sistine Chapel, St. Peter's Basilica, and Raphael's Room, are just some of the sites you can see on the Vatican's [virtual tour](#).
- **Thyssen-Bornemisza Museum**: Madrid's must-see art museum has the works of some of the continent's most celebrated artists like Rembrandt and Dali available online.
- **Georgia O'Keeffe Museum**: Six virtual exhibits are available online from this museum named for the "Mother of American modernism."
- **National Museum of Anthropology, Mexico City**: Dive into the pre-Hispanic history of Mexico with **23 exhibit rooms** full of Mayan artifacts.
- **British Museum, London**: The Rosetta Stone and Egyptian mummies are just a couple of things that you're able to see on a virtual tour of the museum.
- **NASA**: Both Virginia's [Langley Research Center](#) and Ohio's [Glenn Research Center](#) offer online tours for free. Also, you can try some "augmented reality experiences" via The [Space Center Houston's app](#).
- **National Women's History Museum**: Have a late International Women's Day celebration with online exhibits and oral histories from the Virginia museum.
- **Metropolitan Museum of Art**: Though the Met Gala was cancelled this year, you can still have a peak at the The Costume Institute Conversation Lab, which is one of the institution's **26 online exhibits**.
- **High Museum of Art, Atlanta**: This museum's popular online exhibits include "Civil Rights Photography" — photos that capture moments of social protest like the Freedom Rides and Rosa Park's arrest.
- **Detroit Institute of Arts**: Mexican art icon Frida Kahlo is the focal point of two of the four available online exhibits.
- **Rijksmuseum, Amsterdam**: The Golden Age of Dutch art is highlighted in this museum which includes the work of [Vermeer and Rembrandt](#).

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- **National Museum of the United States Air Force:** You can't take a ride in Franklin D. Roosevelt's presidential airplane, but you can check it out, in addition to other military weapons and aircraft, online in the Air Force's official museum.
- **MoMA (The Museum of Modern Art):** New York's extensive collection is available for view online.

**AQUARIUMS AND ZOOS**

- **New England Aquarium** is offering online lectures and exhibits via Virtual Visits. Daily presentations are posted on Facebook every day at 11 am. For even more updates and stories, follow along on Twitter and Instagram, as well!. Click here and see the next show. New England Aquarium Virtual Visit
- **The Cincinnati Zoo:** Check in around 3 p.m., because that's the time the Zoo holds a daily Home Safari on its Facebook Live Feed.
- **Atlanta Zoo:** The Georgia zoo keeps a "Panda Cam" livestream on its website.
- **Georgia Aquarium:** Sea-dwellers like African penguins and Beluga Whales are the stars of this aquarium's live cam.
- **Houston Zoo:** There are plenty of different animals you can check in on with this zoo's live cam, but we highly recommend watching the playful elephants.
- **The Shedd Aquarium:** This Chicago aquarium shares some pretty adorable behind-the-scenes footage of their residents on Facebook.
- **San Diego Zoo:** With what may be the most live cam options, this zoo lets you switch between koalas, polar bears, and tigers in one sitting.
- **Monterey Bay Aquarium:** It can be Shark Week every week thanks to live online footage of Monterey Bay's Habitat exhibit.
- **National Aquarium:** Walk through tropical waters to the icy tundra in this floor-by-floor tour of the famous, Baltimore-based aquarium.
- **Boston Children’s Museum:** Take a virtual tour through the museum Boston Children's Museum

**NATIONAL PARKS**

Take a virtual tour to a National Park: National Parks American Virtual Tours After clicking on the link scroll down to visit one of 32 national parks, or visit them all.

**THEME PARKS**

- **Walt Disney World:** Set aside some time, because there's plenty to see here. Virtual tours you can take include Magic Kingdom, Animal Kingdom, and Epcot, just to name a few. There are also unofficial YouTube videos that feel just like you're on famous rides like the Frozen Ever After ride, It's a Small World, Monsters, Inc. Mike & Sulley to the Rescue!, and Pirates of the Caribbean.
- **LEGOLAND Florida Resort:** The Great Lego Race and Miniland USA are just two of the attractions you can check out in a virtual tour of the park.
- **SeaWorld Orlando:** The virtual tour of Seaworld includes a tour of Discovery Cove and the option to"ride" the steel roller coaster Mako.
CORPORATE, GOVERNMENT, AND LOCAL RESOURCES RESPONSES TO COVID-19

PHONE AND TECHNOLOGY
AT&T, Verizon and Comcast are waiving late fees and providing unlimited data. Those carriers, plus T-Mobile and Sprint, all signed the FCC's pledge to not terminate residential or small business services for those who can't pay bills during the coronavirus pandemic; waiving late fees; and opening their Wi-Fi hotspots to all Americans for the next 60 days.

MASSHEALTH PROVIDER RESOURCE: TELEPHONE AND INTERNET CONNECTIVITY
FOR TELEHEALTH - PDF
Click on this PDF for information about engaging in services through telehealth and regarding limited phone and internet access during the COVID-19 crisis. Lifeline is a federal program that provides no cost or low-cost phone service to low-income households. All MassHealth members are eligible to participate in the Lifeline program at reduced cost per month.

XFINITY
Comcast is taking steps to implement the following new policies for the next 60 days, and other important initiatives: Xfinity customers, click here.

- **Xfinity WiFi Free For Everyone**: Xfinity WiFi hotspots across the country will be available to anyone who needs them for free – including non-Xfinity Internet subscribers. For a map of Xfinity WiFi hotspots, visit [www.xfinity.com/wifi](http://www.xfinity.com/wifi). Once at a hotspot, consumers should select the “xfinitywifi” network name in the list of available hotspots and then launch a browser.
- **Pausing Our Data Plan**: While the vast majority of our customers do not come close to using 1TB of data in a month, Xfinity is pausing their data plans for 60 days giving all customers Unlimited data for no additional charge.
- **No Disconnects or Late Fees**: Xfinity will not disconnect a customer’s internet service or assess late fees if they are contacted and told you cannot pay your bill during this period. Flexible payment options and solutions can be discussed.
- **Internet Essentials Free to New Customers**: To make it easier for low-income families who live in a Comcast service area to sign-up for Internet Essentials, new customers will receive 60 days of complimentary Internet Essentials service. Normally, this is available to all qualified low-income households for $9.95/month. For all new and existing Internet Essentials customers, the speed of the program’s Internet service was increased to 25 Mbps downstream and 3 Mbps upstream. That increase will go into effect for no additional fee and it will become the new base speed for the program going forward.
- **News, Information and Educational Content on X1**: For those with school-age students at home, Xfinity has created new educational collections for all grade levels in partnership with Common Sense Media. If you have an X1 or Flex voice remote, say “education”. To help keep customers informed on the most current news and information on Coronavirus say “Coronavirus” into your X1 or Flex voice remote.
- **24x7 Network Monitoring**: Comcast’s technology and engineering teams will continue to work to support their network operations. Engineers and technicians will staff their network operations centers 24/7 to ensure network performance and reliability.
**Updated list on 4/08/2020**

**CORPORATE, GOVERNMENT, AND LOCAL RESOURCES RESPONSES TO COVID-19**

**T-Mobile**

**UPDATE: March 19, 2020** - T-Mobile has deployed additional 600 MHz spectrum from multiple companies, doubling a total 600 MHz LTE capacity across the nation. This boost will help ensure T-Mobile, Metro by T-Mobile and partner customers can stay connected during this critical time. Free international calling for ALL current T-Mobile and Metro by T-Mobile customers to Level 3 [cdc.gov] impacted countries.

For more information click - Current T-Mobile News -- removing smartphone data caps for all customers, adding more hotspot data, expanding data access for EmpowerED schools, free calling to severely impacted countries, free shipping and more.

**Metro-T**

The vast majority of customers on Metro plans already have unlimited talk, text, and data. But we want to ensure that ALL current Metro customers on plans that currently have data are provided the unlimited connectivity they need to learn and work. [https://www.metrobyt-mobile.com/ongoing-updates-covid-19](https://www.metrobyt-mobile.com/ongoing-updates-covid-19)

- As of 3/13 - ALL current Metro customers who data plans will have unlimited smartphone data for the next 60 days (excluding roaming).
- Starting 3/20 - Metro customers on smartphone plans with mobile hotspot enabled can add an additional 20GB of mobile hotspot service over the next 60 days
- Free international calling for ALL current T-Mobile and Metro by T-Mobile customers to Level 3 [cdc.gov] impacted countries.

**Sprint**

As of 3/19/2020 - T-Mobil has expanded roaming access for Sprint customers to use the T-Mobile network. With expanded roaming access tens of thousands of locations nationwide, schools and families connected to Sprint’s network will have expanded coverage and capacity – including in rural areas – over the next 60 days.

**Verizon**

When a Verizon customer is experiencing hardships because of COVID-19, Verizon will waive late fees for 60 days from March 16, 2020 to May 16, 2020 and will not terminate service to a customer who's been impacted by the events involving the Coronavirus. Customer support contact numbers, an online chat feature and support content can be found on the following pages:

Wireless: [https://www.verizonwireless.com/support/](https://www.verizonwireless.com/support/)

Business: [https://www.verizon.com/business/gateway/](https://www.verizon.com/business/gateway/)

In Home: [https://www.verizon.com/support/residential/home](https://www.verizon.com/support/residential/home)

Verizon will also waive activation fees on new lines of service and upgrade fees starting March 18. This applies to all purchases and service-only activations made through Verizon digital channels, such as [verizonwireless.com](https://www.verizonwireless.com) and the My Verizon app. [Updated on 03/18/2020]
MINT MOBILE:
Unlimited HIGH-SPEED 4G LTE Data (Current and New Customers) 3/15 - 4/14 Between now and April 14, all Mint Mobile customers are getting unlimited high-speed data. Customers that buy high-speed data add-ons will be fully reimbursed. Mint Mobile

SPECTRUM BROADBAND
Visit Spectrum  Get Free Access to Spectrum Broadband and Wi-Fi Internet Free For 60 Days for households with students. To ease the strain in this challenging time, beginning Monday, March 16, Spectrum will commit to the following for 60 days:
- They will partner with school districts to ensure local communities are aware of these tools to help students learn remotely.
- They will open their WiFi hotspots across our footprint for public use.
- They will continue to offer Spectrum Internet Assist, a high-speed broadband program to eligible low-income households

They will not terminate service for Spectrum Internet, TV or Voice residential or small business customers who face difficult economic circumstances related to the COVID-19 pandemic. Similarly, we won't charge late fees for those customers facing difficult economic circumstances related to the pandemic. As always, we don't have data caps or hidden fees.

ZOOM VIDEO
March 13 - Zoom is proactively lifting the 40-minute meeting limit on free Basic accounts for nearly 60,000 K-12 schools in the U.S. Zoom is making all of these features available at no charge through July 1, 2020, for Clever districts.

If your school has already been pre-approved and your Zoom Basic account is linked to your school email address, you’ll get a notification the next time you log into Zoom. If you did not receive a notification, you can request to have the time limit lifted for your school here.

They’ve partnered with Clever to make Zoom accessible to the 8,000 Clever districts who may be experiencing school closures.

Clever is the most widely used single sign-on portal in K–12 districts. Zoom accounts set up through Clever will include:
- Unlimited teacher accounts
- No time limit on virtual class sessions
- Single sign-on via the Clever Portal
- Support for PCs, Macs, Chromebooks, iPads, Android phones & iPhones

Here are some additional online resources for educators:
- Outschool, a marketplace for live online classes, has made available Free Remote Teacher Training Webinars demonstrating how to adapt teaching practices and curriculum to a live video chat classroom. These webinars are led by Outschool’s experienced teachers who have transitioned from in-person to online teaching. Educators can sign up and find available times/dates here.
- Instructional platform Nearpod is temporarily offering free online learning access to schools impacted by closures. Access includes live weekly webinars, a guide to using Nearpod for distance learning, and lessons on the coronavirus to keep students, teachers, and parents informed.

**Updated list on 4/08/2020**

F R E E C O N F E R E N C E
From the United States to the United Kingdom to South Africa, FreeConference.com provides free international dial-ins to make sure your participants can stay connected. Used in your CHROME Browser.
It’s the conferencing solution that allows you to host up to 1,000 audio callers on your conference while staying in control with moderator controls.

**Updated list on 4/08/2020**
NEWS PUBLICATIONS
Many news publications are removing their paywalls to make it as easy as possible for readers to stay up to date on the coronavirus pandemic. Some outlets are completely removing their paywalls, while others are removing paywalls specifically on coronavirus stories. Below are some of the national sources doing so, though check your local papers as well.

THE NEW YORK TIMES
THE WALL STREET JOURNAL
THE LOS ANGELES TIMES
THE GUARDIAN
AP NEWS
THE ATHLETIC

CREDIT CARDS & BANKS
As the US heads toward a potential recession, more workers might not be able to pay their credit card bills. Luckily, some banks are providing a sliver of relief to customers who are struggling financially, whether by waiving late-payment fees, deferring interest charges, or not reporting missed payments to the credit bureaus. What Services Banks Are Offering - Click on card issuer below:

AMERICAN EXPRESS
APPLE CARD - GOLDMAN SACHS
BANK OF AMERICA
BARCLAYS
CAPITAL ONE
CHASE
CITIBANK
COMENITY BANK
DISCOVER
PETAL
SYNCHRONY
WELLS FARGO
WHAT TO DO IF YOUR BANK ISN’T ON THIS LIST
WHY ARE BANKS BEING HELPFUL?
WHAT YOU NEED TO KNOW ABOUT CREDIT CARD MINIMUM PAYMENTS
Sources
MORTGAGE RELIEF

CARES Act – Coronavirus Mortgage Relief

The CARES Act will direct lenders holding federally backed mortgages to suspend borrowers' payments for up to 12 months, if they have lost income because of the coronavirus outbreak. Also, the CARES Act will suspend foreclosure and foreclosure-related evictions and will change credit reporting rules during this emergency period. Click Mortgage Relief for more information.

- If your mortgage is backed by the federal government, provisions of the recently enacted CARES Act allow you to suspend payments for up to 12 months.
- In addition you will not be charged late fees or reported to credit bureaus.
- Foreclosures and evictions will be suspended for at least 60 days.
- If your loan is not federally backed, contact your loan servicer or state or local government offices to find out what options you have.
- Additional help may be available after the forbearance period.

RENTAL RELIEF

Rent Relief

Programs for renters Rental Relief - The CARES Act, signed into law Mar. 27, 2020, provides 120 days of eviction relief for tenants in federally-backed housing. Specifically, you may not be served with an eviction notice until July 25, 2020 and the notice must give you 30 days to leave the property (Aug. 24, 2020).

- Several federal, state, and local programs have suspended COVID-19-related evictions for anywhere from 30 to 90 days.
- Rent forbearance is available through some of the same programs that have suspended evictions.
- Additional rent assistance is offered by various social service agencies as well as state and local programs.
- Legislation in the form of a $2 trillion stimulus bill may offer indirect help via $1,200 checks to many adult U.S. citizens.

RESOURCES FOR WORKING FROM HOME

Forbes: How To Work From Home

NPR: 8 Tips To Make Working From Home Work For You

The Verge: How To Work From Home

Wired: How To Work From Home Without Losing Your Mind

CNN: How To Work From Home Without Losing Your Sanity

PCMag: 20 Tips For Working From Home

**Updated list on 4/08/2020**
OTHER COMMUNITY LINKS & AVAILABLE INFORMATION

MILFORD AREA CHAMBER OF COMMERCE
Covid-19 Resources

CREATEHONESTY.COM has compiled a page chocked full of sites containing links to various information you may find helpful during this time. Examples include:

CORONOVIRUS TAX RELIEF
FIND YOUR LOCAL FOODBANK
BARTENDER EMERGENCY ASSISTANCE PROGRAM
MUTUAL AID WORCESTER

ESSENTIAL SUPPLIES
To help you find essential products during this pandemic, continue to browse FIVE websites to help you find what you need.

CORONAVIRUS PREPAREDNESS SUPPLY FINDER
Coronavirus Preparedness Supply Finder helps you find essentials like toilet paper, paper towels, hand sanitizer, and more by reporting what is in stock in real time. The website also allows you to find inventory and keep track of pricing. It also keeps track of price gouging.

NOW IN STOCK
NowInStock.net is a FREE web service that monitors online retailer websites to see when products come in stock or up for pre-order. As soon as we see stock available for purchase, you are alerted, although you must register. They claim to be completely FREE and SPAM-FREE. You register so they know which items to alert you on.

BRICKSEEK
Brickseek.com is used to search inventory at Walmart, Target, Staples, CVS, and more by joining. They have 3 plans. The free plan sends alerts a few times a week, sends ONE online deal alert, and checks your local inventory. However, they do offer two other paid plans that offer more alerts, online deals, and maps.

GOOGLE SHOPPING
Google Shopping is integrated into Google search allowing you to find items online and in stores. The service has an "Available Nearby" option that helps you find inventory in stores that are close to where you live.

**Updated list on 4/08/2020**
SUPPORT & COPING STRATEGIES

CHILDMIND INSTITUTE
Coping With the Coronavirus Crisis - Coping During Covid-19 - Resources for Parents

- **Supporting Kids Through the COVID-19 Crisis**
  Tips for nurturing and protecting children at home.

- **Supporting Teenagers and Young Adults During the Coronavirus Crisis**
  Tips for parents with older children at home.

- **Self-Care in the Time of Coronavirus**
  For parents, prioritizing your own well-being benefits your whole family.

- **Anxiety and Coping With the Coronavirus**
  Managing worry — your kids’ and your own.

- **How Mindfulness Can Help During COVID-19**
  Tips for calming anxiety during a difficult time.

- **Talking to Kids About the Coronavirus**
  Kids worry more when they’re kept in the dark. Here’s what to say.

Managing Anxiety

- **Anxious Stomach Aches and Headaches**
  Anxiety in children sometimes manifest physically. Here’s what to watch for.

- **How to Help Children Manage Fears**
  Tips for teaching children how to build resilience and learn to calm themselves down, even when things feel scary.

- **Tips for Calming Anxious Kids**
  Go-to techniques for coaxing anxiety-prone children out of their fears from a Mom who’s been there.

- **How to Avoid Passing Anxiety on to Your Kids**
  Help yourself, and them, by learning techniques to manage stress in a healthy way.

- **How Anxiety Leads to Disruptive Behavior**
  Kids who are acting out, melting down, or being defiant may actually be seriously anxious.

- **What to Do (and Not Do) When Children Are Anxious**
  How to respect their feelings without empowering their fears.

- **Panic Attacks and How to Treat Them**
  Knowing what to look for and how to help children calm down is key.

- **The Power of Mindfulness**
  How a meditation practice can help kids (and parents) feel less anxious and more relaxed.
Discipline and Behavior

- **Why Do Kids Have Problems With Transitions?**
  A look at why being asked to switch gears is a common trigger for whining and tantrums.

- **How Can We Help Kids With Transitions?**
  With the right support, children can learn to change gears without whining and tantrums.

- **Three Common Parenting Traps**
  And tips for avoiding them.

- **Why do Kids Have Tantrums and Meltdowns?**
  Understanding why they happen can help parents head problems off before they escalate.

- **How to Discipline Toddlers**
  Setting and enforcing consistent limits is key.

- **How To Make Time Outs Work**
  Tips for using them effectively.

- **When Siblings Won’t Stop Fighting**
  How parents can keep the peace and help kids learn to resolve conflicts.

**RECREATION**

**CLIENT THERAPY**

Skillgamesboard.com provides a user-friendly, cross-platform environment for playing best classic board games with friends online on Windows, Mac OS, Linux, iOS, and Android devices.

**CHALLENGES JUST FOR FUN**

Bored Panda has activities that contain Art, Photography, Animals and more to help you maintain a connection with others, while being creative at the same time. Try this challenge: Recreate famous paintings seen at famous Museums. Bored Panda

**GAMES**

Play Web-Based Uno Freak  This website allows you to play 'Uno Freak' with other people, on your web browser. This is Free and Easy. No downloading or installation of software required.
TRAVEL

** CORPORATE, GOVERNMENT, AND LOCAL RESOURCES RESPONSES TO COVID-19 **

** AIRLINES **

As travel advisories and alerts surrounding the coronavirus continue to evolve in the U.S., airlines are continuing to cooperate with authorities and accommodate customers concerned about their upcoming trips. Travel & Leisure has compiled a list of Airlines & Airports Cancellations and Suspension Services.

** FAA **

For more information regarding Airports visit the FAA.gov News and Updates.

** JETBLUE **

Due to continued concerns about the coronavirus, we have suspended change and cancel fees for all new flight bookings made between March 6, 2020 and March 31, 2020 for travel through September 8, 2020. The change/cancel fees suspension still applies for bookings made between February 27, 2020 and March 5, 2020 for travel through June 1, 2020. In the event you need to make a change to bookings made between the qualifying dates above, visit the Manage Trips section of jetblue.com or contact us for assistance.

** DELTA **

Delta is waiving all change fees for travel impacted by coronavirus. This applies to all domestic and international travel departing in March, April or May 2020, as well as all tickets purchased in March 2020. Delta - Coronavirus Travel Changes

If your travel is eligible for a waiver, you can move your travel dates and even select a new destination. You can cancel and/or change travel by December 31, 2020, or your ticket expiration date. Your unused ticket will be applied toward your new flight, and in some instances a fare difference will apply. If the new fare is lower, you will receive an eCredit for the difference. If the new fare is higher, the difference will be collected.

** AMERICAN AIRLINES **

American Airlines is providing customers additional flexibility in light of concerns around coronavirus (COVID-19). American Airlines News

American has extended its offer to waive change fees for customers who purchased tickets prior to March 1 for travel through May 31. The offer is available for any of American’s fares and customers have until December 31 to rebook travel for future flights. Additional updates on existing travel alerts, including international travel waivers that are available for travel through May 31, can be found on aa.com/travelalerts.

- Any ticket purchased prior to March 1 will not incur change fees prior to travel. Customers must pay any fare difference, if applicable, at time of ticketing of the new fare.
- This is available for any of American’s fares for travel through May 31.
- Customers are allowed to change their origin and destination cities as part of this offer.

**Updated list on 4/08/2020**
The new ticket must be reissued on/before December 31 or 12 months from the original ticket date (whichever is earlier). Travel must also commence on/before December 31 or one year from original issue date — whichever is sooner.

**United**

*Mon Mar 23 2020 - United Airlines Change Policies*

To learn more about the measures United is taking, including cleaning planes, visit the United Hub (content in English). International Mandates or Restrictions – There will be reductions in international travel for April. See the updated international schedule >

Visit the U.S. Department of State’s website for detailed information on coronavirus by country.

- **Booking a new flight:** When you book a flight between March 3 and March 31, 2020, you can change it for free over the next 12 months. See terms and conditions.
- **Rescheduling a trip:** We’re also waiving change fees for all tickets issued on or before March 2 — domestic or international — with original travel dates of March 9 through May 31. If you’re not sure when you want to travel, you can cancel your trip and rebook later with change fees waived. See waiver details.
- **How to change or cancel your flight:** To change or cancel your flight online, view your reservation, enter your trip details and select the appropriate option.

**Southwest**

Visit https://www.southwest.com/Coronavirus/#covid-faqs for more information. In recognition of the current travel environment, Southwest is extending the expiration date of some travel funds:

- Customers’ funds that have expired or will expire between March 1-May 31, 2020, will now expire June 30, 2021.
- Any newly created travel fund due to a flight cancellation between March 1-May 31, 2020, will have an expiration date of June 30, 2021.

**Major Car Rental Companies**

All of the major rental companies have policies in place during the coronavirus pandemic. *Bring Your Own Toll Transponder.* It allows you to avoid renting a more expensive one from the rental car company and it allows you to avoid interacting with toll booth attendants, who in turn come in contact with hundreds of motorists per day.

**Alamo:**

Has extended its existing no-fee cancellation policy to include customers with pre-paid rentals booked directly through Alamo. Customers who have booked a rental through a third-party are encouraged to contact that party directly.

**Avis:** If you need to change a reservation, you can do so without incurring any change fees.

**Budget:** If you need to change a reservation, you can do so without incurring any change fees.
DOULAR: Customers with pre-paid rentals booked directly with Dollar prior to March 13th can cancel their reservation for no fee and transfer their balance for use toward a future booking to be used within 24 months. Customers who have booked through a third-party are encouraged to contact that party directly.

ENTERPRISE: Has extended its existing no-fee cancellation policy to include customers with pre-paid rentals booked directly through Enterprise. Customers who have booked a rental through a third-party are encouraged to contact that party directly. Enterprise Rental Cars will waive underage fees for college students age 18-24. [https://www.enterprise.com/en/car-rental/deals/young-driver.html](https://www.enterprise.com/en/car-rental/deals/young-driver.html)

FOX: Free cancellations or travel credits on all existing "pay now" reservations with a pick-up date prior to April 30. No cancellation fees for any new "pay now" reservations booked before April 30 for travel within the next 12 months.

HERTZ: Customers with pre-paid rentals booked directly with Hertz prior to March 13th can cancel their reservation for no fee and transfer their balance for use toward a future booking to be used within 24 months. Customers who have booked through a third-party are encouraged to contact that party directly.

NATIONAL: Has extended its existing no-fee cancellation policy to include customers with pre-paid rentals booked directly through National. Customers who have booked a rental through a third-party are encouraged to contact that party directly.

Sixt: If your rental was made for a location in a highly affected Coronavirus area (e.g. Italy and specific areas in France) or in countries with travel restrictions (e.g. USA or Israel), you may rebook or cancel your prepaid reservation.

Thrifty: Customers with pre-paid rentals booked directly with Thrifty prior to March 13th can cancel their reservation for no fee and transfer their balance for use toward a future booking to be used within 24 months. Customers who have booked through a third-party are encouraged to contact that party directly.

**LODGING**

AIRBNB

Click here for more information [AirBnb-coronavirus-covid19](https://www.airbnb.com/c/coronavirus-covid19) - Reservations for stays and Airbnb Experiences made on or before March 14, 2020, with a check-in date between March 14, 2020 and April 14, 2020, are covered by the policy and may be canceled before check-in. Guests who cancel will receive a full refund, and hosts can cancel without charge or impact to their Superhost status. Airbnb will refund all service fees for covered cancellations.

**Updated list on 4/08/2020**
**Updated list on 4/08/2020**

RESTAURANTS & DELIVERY SERVICES- BOSTON & BEYOND

**Uber Eats**
Uber Eats will waive delivery fees on all orders amid the coronavirus outbreak. Service charges will still apply though.

**Boston**
The following links lead to restaurants in the Boston areas that continue to serve take food or offer delivery services.

1. Boston Eater.com
2. Resources Published by City of Boston.Gov

**Back Bay**

- **Anna’s Taqueria:** All locations except MIT are open for takeout and delivery, with delivery available on several apps, including DoorDash and Grubhub. *Prudential Center, 800 Boylston St., Back Bay, Boston*
- **Amorino Gelato:** Both local stores are offering takeout from 2:30 p.m. to 8:30 p.m. on weekdays and 1:30 p.m. to 8:30 p.m. on weekends. Delivery is available between 5 p.m. and 7 p.m. each day (place order the day before); call (857) 265-1331 to order, or use Grubhub, Caviar, or Postmates. *249 Newbury St., Back Bay, Boston*
- **Bar Boulud Boston:** Offering curbside pickup at the restaurant or free delivery within a two-mile radius, open from 9 a.m. to 9 p.m. daily with breakfast, lunch, and dinner available. (Lunch and dinner menu [here](#)) Call (617) 535-8882 to order. *776 Boylston St., Back Bay, Boston*
- **Bon Me:** All locations are currently operating with the usual schedule, offering takeout and delivery; any scheduling updates or location closures will be noted on the [Bon Me website](#) and social media channels as they happen. Order [online](#) for pickup or delivery. “We also have [gift cards](#) available for purchase for future orders as these sales greatly help us get through this difficult time!” Bon Me is also putting together individually packaged [catering options](#) for area hospitals and health care workers. “We do know that hospitals at times have limited budgets, so we are always willing to work with them on an individual basis.” Order catering online or email [laura@bonmetruck.com](mailto:laura@bonmetruck.com). *441 Stuart St., Back Bay, Boston*
- **Buttermilk & Bourbon:** The full menu is available for takeout and delivery via Grubhub. *160 Commonwealth Ave., Back Bay, Boston*
- **By Chloe:** All Boston locations are serving the full menu via Uber Eats; free delivery and $5 off every $20 spent. Customers who upload their receipts on the By Chloe app will get an additional $9 for every $99 spent. Contact-free pickup also available during normal business hours. *399 Boylston St., Back Bay, Boston*
- **The Capital Grille:** Offering a limited menu for takeout daily from noon to 8 p.m. Call (617) 262-8900 to order. *900 Boylston St., Back Bay, Boston*
- **Cusser’s Roast Beef & Seafood:** The takeout window is open 11 a.m. to 8 p.m. Monday through Saturday; [here’s the menu](#). Call (617) 917-5193 or order via Chownow or Ritual. *304 Stuart St., Back Bay, Boston*
CORPORATE, GOVERNMENT, AND LOCAL RESOURCES RESPONSES TO COVID-19

- **Del Frisco’s Double Eagle Steakhouse**: The Back Bay location is offering a limited takeout menu from 11 a.m. to 8 p.m. daily. Call (617) 259-1568. **888 Boylston St., Back Bay, Boston**
- **Greco**: Open regular hours (daily from 11 a.m. to 10 p.m.), serving the full menu for takeout or delivery via Uber Eats. **225 Newbury St., Back Bay, Boston**
- **Itadaki**: Offering takeout (walk-ins welcome, and the pickup counters are no-contact) and delivery via Uber Eats, Grubhub, Postmates, DoorDash, and Allset. Current hours are 11:30 a.m. to 2:30 p.m. for lunch and 5 p.m. to 9 p.m. for dinner. The menu is limited and features ramen starting at $11 and sushi rolls starting at $6. **269 Newbury St., Back Bay, Boston**
- **Rochambeau**: The cafe portion of the restaurant is offering takeout and delivery; the **menu** includes baked goods, salads, sandwiches, and such. **900 Boylston St., Back Bay, Boston**
- **Salty Pig**: Will be up and running on DoorDash and Caviar for delivery at some point during the week of March 16. **130 Dartmouth St., Back Bay, Boston**
- **Trident Booksellers & Cafe**: Open for takeout and delivery — and each order comes with a **free book**. Hours are now 8 a.m. to 9 p.m. daily, with breakfast available all day. Coming soon: kids eat free delivery. **338 Newbury St., Back Bay, Boston**
- **Uni**: Serving a new menu of Uni favorites and new additions for takeout or delivery via Caviar or Uber Eats, available as of March 17. It will be available daily between noon and 10 p.m. Takeout orders can be called in by phone (617-536-7200), and curbside pickup is available. Dishes include pesto mazeman ramen; 10-piece fried chicken with kimchi, gochujang mayo, and togarashi potatoes; Mongolian beef; pork buns; and more. **370A Commonwealth Ave., Back Bay, Boston**

Bay Village

- **Mike & Patty’s**: Offering takeout and delivery. Place takeout orders online; curbside pickup is available. Order delivery through Grubhub. **12 Church St., Bay Village, Boston**

Beacon Hill

- **75 Chestnut**: Takeout available from 5:30 p.m. to 10 p.m. on weekdays and 10:30 a.m. to 10 p.m. on weekends; **here’s the menu**. Call (617) 227-2175. Free chowder with every takeout order. **75 Chestnut St., Beacon Hill, Boston**
- **Anna’s Taqueria**: All locations except MIT are open for takeout and delivery, with delivery available on several apps, including DoorDash and Grubhub. **242 Cambridge St., Beacon Hill, Boston**
- **Bin 26 Enoteca**: Offering takeout (call 617-723-5939) between noon and 8 p.m. Monday to Thursday, noon and 9 p.m. Friday, 4 p.m. and 9 p.m. Saturday, and 4 p.m. and 8 p.m. Sunday. **26 Charles St., Beacon Hill, Boston**
- **Cheers**: Offering takeout from 11 a.m. to 7 p.m.; **here’s the menu**. Call (617) 227-9605. Free chowder with every order. **84 Beacon St., Beacon Hill, Boston**
- **Mooo**: Offering curbside pickup and delivery via Caviar from 11 a.m. to 2 p.m. and from 4:30 p.m. to 9 p.m. **15 Beacon St., Beacon Hill, Boston**

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- **Peregrine**: Offering a limited takeout menu called “family meal” each night, with details on the restaurant’s website by 4 p.m. daily, accepting orders until 5:30 p.m. and opening for pickup between 6 and 8 p.m. For instance, the March 16 options are fresh pasta with braised beef and cauliflower ($22) and roast chicken with garlic and rosemary potatoes ($28). Sister restaurant Juliet in Union Square, Somerville, is offering a similar program. Whitney Hotel, 170 Charles St., Beacon Hill, Boston

### BRIGHTON

- **Cafe Landwer**: Offering breakfast, lunch, and dinner takeout, as well as delivery via third-party partners, daily from 10:30 a.m. to 8 p.m. 25% discount for phone orders (617-383-5786); 10% discount for third-party platform orders. For catering orders, email catering@landwercafe.com. 383 Chestnut Hill Ave., Brighton, Boston
- **El Pelon Taqueria**: Offering curbside pickup, contactless pickup, and delivery through all major delivery services. Pickup orders can be placed through the El Pelon website. In addition to the standard menu, there are burrito and quesadilla combos available that each come with chips, salsa, and guac and a can of Coke or Diet Coke. 2197 Commonwealth Ave., Brighton, Boston

### CHARLESTOWN

- **Brewer’s Fork**: Offering takeout and Uber Eats delivery, serving the whole range of pizzas as well as flatbread salad, meatballs, and daily changing specials, such as a burger, meatloaf, turkey sandwich, po’ boy, and whole chickens. 7 Moulton St., Charlestown, Boston
- **Monument Restaurant & Tavern**: Offering takeout (order online or by phone, 617-337-5191) and delivery (via Caviar and DoorDash). Also offering a gift card promotion — buy a $50 card and get a bonus $5 card, or $100 / $10. 251 Main St., Charlestown, Boston

### Chinatown

A Quincy-based service is partnering with Chinatown restaurants to deliver to south Dorchester, Braintree, parts of Randolph, and Quincy. As of press time, China Pearl, Tea Do, and New Dong Khanh are on the roster.

- **Bao Bao Bakery**: Offering select baked goods for Tuesday and Friday pickups; email gloria@doublechinbos.com to place an order. 84 Harrison Ave., Chinatown, Boston
- **Double Chin**: Offering takeout and delivery via Uber Eats, Grubhub, Postmates, DoorDash, Rice Po, and Ritual. Operating hours have been reduced to 11:30 a.m. to 10:30 p.m. Sunday through Thursday and 11:30 a.m. to 1:30 a.m. Friday and Saturday. 86 Harrison Ave., Chinatown, Boston

### Dorchester

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- **50Kitchen**: Offering takeout from noon to 6 p.m. Orders must be made and paid for by phone to ease quick pickup. Menu updates [on Instagram](#), with dishes such as bang bang cauliflower, chicken and waffles, gumbo, smoked banh mi, and more available at times. Call (617) 474-2433, 1450 Dorchester Ave., Dorchester, Boston
- **Banh Mi Ba Le**: Starting on March 17, only taking orders via phone; call (617) 265-7171. Do not order via Facebook. All orders must be picked up at the store’s window. 1052 Dorchester Ave., Dorchester, Boston
- **Dorchester Brewing and M&M BBQ**: Open daily from 11:30 a.m. to 7:30 p.m. with a full list of beers on tap to take home in crowlers, as well as four-packs of V1 Double IPA and Clapp’s Cream Ale. All are $10. M&M’s full menu is available for takeout, too. Call to order (617-307-7674). 1250 Massachusetts Ave., Dorchester, Boston
- **Lower Mills Tavern**: Closed until Wednesday, March 18; reopening at 4 p.m. that day (and all subsequent days) for delivery and takeout via Uber Eats. 2269 Dorchester Ave., Dorchester, Boston
- **Yellow Door Taqueria**: Closed until Wednesday, March 18; reopening at 4 p.m. that day (and all subsequent days) for delivery and takeout via Uber Eats. 2297 Dorchester Ave., Dorchester, Boston
- **Wahlburgers**: Offering takeout, curbside pickup, and delivery from noon to 8 p.m. daily; order [on the website](#) or through the Wahlburgers app. 9 District Ave., Dorchester, Boston

**Downtown (Financial District, Downtown Crossing, etc.)**

- **Bon Me**: See listing in Back Bay section above for details. Boston Public Market, 100 Hanover St., downtown Boston
- **JM Curley**: Offering takeout (call 617-338-5333) and delivery via Uber Eats. Open from noon to 9 p.m. on weekdays and 4 to 9 p.m. on Saturday and Sunday. 21 Temple Pl., Downtown Crossing, Boston
- **Levend Bagelry**: Offering takeout and delivery. Boston Public Market, 100 Hanover St., downtown Boston
- **Mezcal Tex Mex**: Takeout (curbside pickup on Clinton Street) and delivery available via Uber Eats and Grubhub. Faneuil Hall Marketplace, 7 N. Market St., downtown Boston
- **New York Pizza**: Open for delivery and takeout until 1 a.m. (3 a.m. Thursday, Friday, and Saturday nights). [Order online](#), 224 Tremont St., Theater District, Boston
- **Oath Pizza**: Offering the full menu for takeout and delivery via the Oath website. Uber Eats, and DoorDash, with all delivery fees waived. “Take and Bake” pizzas will also be available starting on 3/18; freeze them and finish cooking them later. South Station, 700 Atlantic Ave., downtown Boston
- **Oisa Ramen**: Starting on March 17, offering takeout — the whole menu, including ramen, but the ramen is served in a “do-it-yourself” kit. No phone calls; send an Instagram message or email moe@oisa-ramen.com to place an order. 1 3/4 Broad St., downtown Boston
- **Pabu**: Offering takeout orders nightly via Grubhub, including a dish called the “shutdown special” — confit of duck fried rice, karaage, spicy or plain edamame, and a single skewer robata selection. Takeout is available nightly from 5:30 p.m. to 9:30 p.m.; [order online](#) or call (857) 327-7228. 3 Franklin St., downtown Boston

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Stillwater: The regular menus are available for takeout from 11 a.m. to 8 p.m. daily, including the daily changing brown bag lunch and the $39 “simple supper” for two. Order online, 120 Kingston St., downtown Boston

Teatro: Offering curbside pickup and delivery via Caviar from 4:30 p.m. to 9 p.m. 177 Tremont St., downtown Boston

Troquet on South: Open for takeout noon to 9 p.m.; here’s the menu. Call (617) 695-9463. 107 South St., Leather District, Boston

Villa Mexico Cafe: Open weekdays from 8 a.m. to 4 p.m., offering takeout and delivery. (Credit cards only.) Call (617) 957-0725 for takeout or delivery orders. Takeout orders can also be placed by email (villamexicocafe@gmail.com), but deliveries are phone only. 121 Water St., downtown Boston

East Boston

Cunard Tavern: Full menu is available for takeout and delivery, 4:30 p.m. to 9 p.m. daily. Call (617) 567-7609 for no-contact, curbside pickup in front of the restaurant, or order via Grubhub or Uber Eats for delivery. 24 Orleans St., East Boston

Renegades Pub: Trying to stay open for takeout but not sure it’ll work out. Keep an eye on social media for updates. 1004 Bennington St., East Boston

Fenway

By Chloe: All Boston locations are serving the full menu via Uber Eats; free delivery and $5 off every $20 spent. Customers who upload their receipts on the By Chloe app will get an additional $9 for every $99 spent. Contact-free pickup also available during normal business hours. 100 Van Ness St., Fenway, Boston

El Pelon Taqueria: Offering curbside pickup, contactless pickup, and delivery through all major delivery services. Pickup orders can be placed through the El Pelon website. In addition to the standard menu, there are burrito and quesadilla combos available that each come with chips, salsa, and guac and a can of Coke or Diet Coke. 92 Peterborough St., Fenway, Boston

Eventide Fenway: Offering takeout and delivery between noon and 7:30 p.m. daily. 1321 Boylston St., Fenway, Boston

Hojoko: Currently offering a limited menu for takeout and delivery (via Caviar) that highlights dishes from Hojoko as well as sister spots Ms. Clucks Deluxe and Gogo Ya. Available 5 p.m. to 9 p.m. Keep an eye on social media for menu and scheduling updates. 1271 Boylston St., Fenway, Boston

Oath Pizza: Offering the full menu for takeout and delivery via the Oath website, Uber Eats, and DoorDash, with all delivery fees waived. “Take and Bake” pizzas will also be available starting on 3/18; freeze them and finish cooking them later. 1348 Boylston St., Fenway, Boston

Wahlburgers: Offering takeout, curbside pickup, and delivery from noon to 8 p.m. daily; order on the website or through the Wahlburgers app. 132 Brookline Ave., Fenway, Boston

Fort Point and Seaport District

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- **Bartaco**: Offering curbside pickup and delivery with online ordering, available 11 a.m. to 9 p.m. daily. 25 Thomson Pl., Seaport District, Boston
- **Blue Dragon**: Serving a limited menu for takeout and delivery from noon to 8 p.m. Monday through Saturday. Takeout is no-contact; call to order: (617) 338-8585. No-contact delivery is available via Caviar and Uber Eats. 324 A St., Fort Point, Boston
- **Bon Me**: See listing in Back Bay section above for details. 313 Congress St., Fort Point, Boston
- **By Chloe**: All Boston locations are serving the full menu via Uber Eats; free delivery and $5 of off every $20 spent. Customers who upload their receipts on the By Chloe app will get an additional $9 for every $99 spent. Contact-free pickup also available during normal business hours. 107 Seaport Blvd., Seaport District, Boston
- **Greco**: Open regular hours (daily from 11 a.m. to 10 p.m.), serving the full menu for takeout or delivery via Uber Eats. 200 Pier Four Blvd., Seaport District, Boston
- **Lola 42**: Offering sushi takeout from 11:30 to 8 p.m. daily; sushi rolls and platters are 30% off (discount is not valid through outside delivery services.) 22 Liberty Dr., Seaport District, Boston
- **Tuscan Kitchen**: Offering takeout (including curbside pickup) and delivery. Order directly by calling (617) 303-7300, or use DoorDash. Available from 11 a.m. to 8 p.m. daily. 64 Seaport Blvd., Seaport District, Boston

**Jamaica Plain**

- **Brassica Kitchen**: Offering its regular breakfast and lunch menus for takeout from 8 a.m. to 4 p.m. and dinner from 5 to 9:30 p.m.; call ahead (617-477-4519) to place an order and pay over the phone. Dinner takeout will begin soon. 3710 Washington St., Jamaica Plain, Boston
- **Carrot Flower**: Serving the full menu for takeout or delivery via Uber Eats. Call ahead for pickup orders: (617) 942-8923. Open daily from 8 a.m. to 4 p.m. 703 Centre St., Jamaica Plain, Boston
- **The Dogwood**: Offering takeout and delivery from 5 p.m. to 10 p.m. daily and accepting credit card payments over the phone: (617) 522-7997. Here’s the menu. 3712 Washington St., Jamaica Plain, Boston
- **Evergreen Eatery**: Open for takeout from 7 a.m. to 3 p.m. daily. Calling ahead is encouraged: (617) 477-9573. 154 Green St., Jamaica Plain, Boston
- **The Haven**: Call for takeout (curbside pickup) and pay by phone: (617) 524-2836. Delivery available through DoorDash. Keep an eye on Instagram for scheduling updates. 2 Perkins St., Jamaica Plain, Boston
- **JP Seafood Cafe**: Offering takeout and delivery from 4 p.m. to 9 p.m. Tuesday through Sunday. Ordering ahead is encouraged; call (617) 983-5177 or order online. 730 Centre St., Jamaica Plain, Boston
- **Soup Shack**: Offering takeout (order by Chownow or phone, 617-477-9805) and delivery via Uber Eats and Grubhub for lunch and dinner daily. 779 Centre St., Jamaica Plain, Boston

**Longwood**

**Updated list on 4/08/2020**
**Updated list on 4/08/2020**

**Corporate, Government, and Local Resources Responses to COVID-19**

- **Bertucci’s**: All 56 Bertucci’s locations are offering free delivery — including catering orders — for orders placed on Bertuccis.com. Children’s Hospital, 1 Blackfan Circle, Longwood, Boston
- **Bon Me**: See listing in Back Bay section above for details. 431 Brookline Ave., Longwood, Boston

**North End**

- **Bill Tse**: Open for takeout and delivery 4 to 10 p.m. daily. 240 Commercial St., North End, Boston
- **Bricco Panetteria**: Open every morning until 7 p.m., selling bread and baked goods to go. 241 Hanover St., North End, Boston
- **Bricco Salumeria**: Selling canned goods, meats, cheeses, pasta, and more, with staff on-hand to suggest good combinations of ingredients for meals that can be made and frozen. Sandwiches and some groceries are also available for delivery via DoorDash. 11 Board Alley, North End, Boston
- **Ducali Pizzeria**: Full menu available for takeout and delivery, 11:30 a.m. to 9 p.m. daily. Call (617) 742-4144 to arrange no-contact curbside pickup in front of the restaurant, or order via DoorDash, Grubhub, Postmates, or Uber Eats for delivery. 289 Causeway St., North End, Boston
- **Quattro**: Offering the full menu for takeout and delivery via DoorDash. 264 Hanover St., North End, Boston
- **Ristorante Lucia**: Pick up and delivery available for the full menu, 11:30 a.m. to 9 p.m. daily. Call (617) 367-2353 to arrange no-contact curbside pickup along Harris Street next to the restaurant or local delivery. Delivery also available via Grubhub. 415 Hanover St., North End, Boston
- **Strega North End**: Offering a selection of Strega, Nico, and Rina’s dishes (all Varano Group restaurants) for takeout (orders must be placed ahead of time; don’t just show up) and free delivery to nearby neighborhoods. Call (617) 456-5700 to order. 379 Hanover St., North End, Boston
- **Tenoch**: All brick-and-mortar locations open regular hours for takeout only from March 17 through April 17. No food trucks. 3 Lewis St., North End, Boston

**Roslindale**

- **753 Restaurant**: Open from noon to 8 p.m. for delivery and takeout, starting March 17. 753 South St., Roslindale, Boston
- **Delfino**: Open from noon to 8 p.m. Tuesday through Saturday for delivery and takeout, starting March 17. Call (617) 327-8359. 754 South St., Roslindale, Boston

**Roxbury**

- **Merengue Restaurant**: Offering takeout and delivery via Uber Eats, Grubhub, and DoorDash, or call (617) 445-5403. 156 Blue Hill Ave., Roxbury, Boston
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### South Boston

- **Capo:** Serving its full menu for delivery and takeout via Caviar and DoorDash. *443 W. Broadway, South Boston*
- **Fox & the Knife:** Starting March 17, the restaurant will offer takeout and delivery. Fresh pasta by the pound, as well as sauces, ricotta, and more, will be available between noon and 9 p.m. daily via [Fox Pasta](#), while a limited menu of prepared antipasti, pasta, and entrees will be available between 4 p.m. and 9 p.m. daily via [Fox at Home](#). Keep an eye on both accounts for updates, and call the restaurant at (617) 766-8630 to place an order. *28 W. Broadway, South Boston*
- **Lincoln Tavern & Restaurant:** Offering takeout and delivery as of 5 p.m. on March 17. Order via DoorDash or Caviar. *425 W. Broadway, South Boston*
- **Lulu Green:** Open for takeout (with online ordering) and delivery via Caviar, with the brunch menu available from Tuesday through Friday, noon to 6 p.m., and 11 a.m. to 3 p.m. on weekends. *246 W. Broadway, South Boston*
- **Otto Pizza:** Offering pickup and no-contact delivery. For pickup, place orders online or via the Otto app. For delivery, order online, via the Otto app, or by phone; delivery fees are waived for these methods through April 6. Rewards members get double points through April 6. Otto is also available on a number of third-party delivery platforms. *416 W. Broadway, South Boston*
- **Purple Shell:** Offering takeout from 11 a.m. to 9:30 p.m. Sunday through Thursday and 11 a.m. to 10 p.m. Friday and Saturday. Check the website for the sushi and kitchen takeout menus. *11 W. Broadway, South Boston*

### South End

- **Anoush’ella Kitchen:** The original location of Anoush’ella is offering takeout and delivery from 11 a.m. to 9 p.m. daily. (The Fenway and Lynnfield locations are completely closed for the time being.) Menu and other details online. Out-of-work hospitality workers can get a meal for free, while supplies last (about 60-70 each day). *35 West Newton St., South End, Boston*
- **Coda:** Will be up and running on DoorDash and Caviar for delivery at some point during the week of March 16. *329 Columbus Ave., South End, Boston*
- **The Elephant Walk:** Offering takeout and delivery from 4 p.m. to 9 p.m. daily. Call (617) 247-1500 to order takeout (20% discount), or get delivery via Caviar, DoorDash, Grubhub, or Postmates. *1415 Washington St., South End, Boston*
- **Metropolis Cafe:** Offering a limited menu daily from 5 p.m. to 9 p.m. for takeout, curbside pickup, and delivery (Grubhub, DoorDash, Uber Eats). Menu and details available online, or call (617) 247-2931. *584 Tremont St., South End, Boston*
- **Mistral:** Offering curbside pickup and delivery via Caviar from 4:30 p.m. to 9 p.m. *211 Columbus Ave., South End, Boston*
- **New York Pizza:** Open for delivery and takeout until 1 a.m. (2 a.m. Thursday, Friday, and Saturday nights). *435 Massachusetts Ave., South End, Boston*
- **Oishii:** Open for takeout from Tuesday through Sunday, 5:30 p.m. to 9 p.m. Place orders via phone (617-482-8868). *1166 Washington St., South End, Boston*
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- **The Urban Grape:** Open from 10 a.m. to 6 p.m. “You may come in to shop but we will ask you to stagger your shopping if it becomes busy. ... That said, our preferred method right now is for you to shop online and choose pick up or delivery.” Orders can also be emailed to hadley@theurbangrape.com. Call (857) 250-2509 between 10 and 6 for assistance with orders. 303 Columbus Ave., South End, Boston

- **Yellow Door Taqueria:** Closed until Wednesday, March 18; reopening at 4 p.m. that day (and all subsequent days) for delivery and takeout via Uber Eats. 354 Harrison Ave., South End, Boston

**West End**

- **Alcove:** Offering takeout and delivery daily from noon to 8 p.m.; orders for both can be placed via Caviar, and takeout orders can also be placed by phone at (617) 248-0050. The menu is online and includes a new packaged meal option — half or whole chicken with two or four sides ($30/$60). 50 Lovejoy Wharf, West End, Boston

**ARLINGTON**

As of March 24, **all takeout orders must be picked up curbside** — non-employees are not inside restaurants.

- **Blue Ribbon BBQ:** All locations are offering takeout and delivery from 11:30 a.m. to 8:30 Monday through Saturday and until 7:30 p.m. Sunday. $20 minimum order. Delivery fees waived. Orders must be placed by phone and prepaid with credit card, but tips cannot be processed on credit card at this time. For this location, call (781) 648-7427 to order; it’s delivering within a three-mile radius of the restaurant, as well as within Belmont, Lexington, and Winchester. 908 Massachusetts Ave., Arlington

- **Otto Pizza:** Offering pickup and no-contact delivery. For pickup, place orders online or via the Otto app. For delivery, order online, via the Otto app, or by phone; delivery fees are waived for these methods through April 6. Rewards members get double points through April 6. Otto is also available on a number of third-party delivery platforms. 202 Massachusetts Ave., Arlington

**BILLERICA**

*Here’s a list of takeout and delivery options compiled by the town of Billerica.*

**BROOKLINE**

Brookline officials have **banned lines of 10 or more people** in or outside of restaurants and bars. Police and the DPW will be marking off parking spaces near restaurants for people to briefly use while picking up food. Plus, the ban on styrofoam containers has been lifted to ease preparation of takeout and delivery orders.
**CORPORATE, GOVERNMENT, AND LOCAL RESOURCES RESPONSES TO COVID-19**

- **Anna’s Taqueria:** All locations except MIT are open for takeout and delivery, with delivery available on several apps, including DoorDash and Grubhub. *1412 Beacon St., Coolidge Corner, Brookline; 446 Harvard St., JFK Corner, Brookline*
- **Matt Murphy’s:** Call (617) 232-0188 or (617) 888-9600 to place a takeout order. *14 Harvard St., Brookline Village*
- **Michael’s Deli:** Offering limited delivery around Newton and Needham ([details and restrictions here](#)). Takeout is also available, as is delivery beyond Newton and Needham via third-party apps (DoorDash and Uber Eats). *256 Harvard St., Coolidge Corner, Brookline*
- **Oath Pizza:** Offering the full menu for takeout and delivery via the Oath website, Uber Eats, and DoorDash, with all delivery fees waived. “Take and Bake” pizzas will also be available starting on 3/18; freeze them and finish cooking them later. *276 Harvard St., Coolidge Corner, Brookline*
- **Otto Pizza:** Offering pickup and no-contact delivery. For pickup, place orders online or via the Otto app. For delivery, order online, via the Otto app, or by phone; delivery fees are waived for these methods through April 6. Rewards members get double points through April 6. Otto is also available on a number of third-party delivery platforms. *888 Commonwealth Ave., Boston University campus, Brookline; 289 Harvard St., Coolidge Corner, Brookline*
- **Soup Shack:** Offering takeout (order by Chownow or phone, 617-383-5038) and delivery via Uber Eats, Caviar, and Grubhub for lunch and dinner daily. *401 Harvard St., Brookline*

**ALLSTON**

- **Lulu’s Allston:** Serving a limited takeout menu on weekdays from noon to 8 p.m. Call (617) 787-1117 for all orders. (Note: Restaurant industry workers in need of a meal can get some complimentary mac and cheese.) Delivery possibly in the works. *421 Cambridge St., Allston, Boston*
- **S & I Thai:** Open regular hours (11:30 a.m. to 4 p.m. and 5 p.m. to 10 p.m.), offering takeout and delivery via Grubhub, Chownow, Chowbus, Uber Eats, and DoorDash, or call (617) 254-8488. *168A Brighton Ave., Allston, Boston*

**CAMBRIDGE**

*Here is a third-party resource tracking delivery and takeout information and more for restaurants and small businesses throughout Cambridge.*

**Alewife, Fresh Pond, and West Cambridge**

- **Bertucci’s:** All 56 Bertucci’s locations are offering free delivery — including catering orders — for orders placed on Bertuccis.com. *5 Cambridge Park Dr., Alewife, Cambridge*
- **Bon Me:** All locations are currently operating with the usual schedule, offering takeout and delivery; any scheduling updates or location closures will be noted on the Bon Me website and social media channels as they happen. Order online for pickup or delivery.

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“We also have gift cards available for purchase for future orders as these sales greatly help us get through this difficult time!” Bon Me is also putting together individually packaged catering options for area hospitals and health care workers. “We do know that hospitals at times have limited budgets, so we are always willing to work with them on an individual basis.” Order catering online or email laura@bonmetruck.com, 201 Alewife Brook Parkway, Fresh Pond, Cambridge

- **Talulla:** “Casseroles for a Cause.” The restaurant is selling frozen family meals — $35 for a six-to-eight-person meal — with options including lasagna, baked ziti, vegetable curry, and shepherds pie. There are also soups available at $15 per quart (corn chowder, cream of tomato, chicken pozole verde, and vegetable minestrone). Delivery available within a one-mile radius. For every casserole sold, Talulla will donate 10 bagged lunches to Fletcher Maynard Academy in Cambridge for families in need; 5 bagged lunches per soup sold. 377 Walden St., Cambridge

**Central Square**

- **Craigie on Main:** Craigie is amping up its takeout and delivery options (via Caviar), offering its burger, whole roasted chicken, and more, not to mention congee. Congee & Me pop-up founder Arielle Chernin is Craigie’s general manager. 853 Main St., Central Square, Cambridge
- **Oath Pizza:** Offering the full menu for takeout and delivery via the Oath website, Uber Eats, and DoorDash, with all delivery fees waived. “Take and Bake” pizzas will also be available starting on 3/18; freeze them and finish cooking them later. 181 Massachusetts Ave., Central Square, Cambridge

**East Cambridge**

- **9Zaab:** Offering takeout and delivery from 11 a.m. to 9:30 p.m. Tuesday through Sunday. Order directly from the 9Zaab website for a 10% discount, or order via phone (617-868-6644), Grubhub, or Uber Eats. 569 Cambridge St., East Cambridge
- **Bon Me:** See full details in Alewife section above. 60 Binney St., East Cambridge
- **Toscanini’s:** Choose from ice cream flavors like B3, kholфи, mango sorbet, and more for delivery (via Grubhub or Caviar) or pickup (617-491-5877). 159 First St., East Cambridge

**Harvard Square**

- **Amorino Gelato:** Both local stores are offering takeout from 2:30 p.m. to 8:30 p.m. on weekdays and 1:30 p.m. to 8:30 p.m. on weekends. Delivery is available between 5 p.m. and 7 p.m. each day (place order the day before); call (857) 265-1331 to order, or use Grubhub, Caviar, or Postmates. 50 JFK St., Harvard Square, Cambridge
- **Bon Me:** See full details in Alewife section above. Harvard Smith Campus Center, 1350 Massachusetts Ave., Harvard Square, Cambridge
- **Forage:** The full menu — which will change daily, and includes children’s options — is available for takeout, with delivery in the works for the near future. Keep an eye on the website for details. 5 Craigie Circle, Cambridge

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- **Giulia:** Offering takeout from 5 p.m. to 8 p.m.; call (617) 441-2800 or stop by. Free bread with every order. 1682 Massachusetts Ave., Harvard Square, Cambridge
- **Grendel’s Den:** Offering delivery and takeout via Toast. 89 Winthrop St., Harvard Square, Cambridge
- **Otto Pizza:** Offering pickup and no-contact delivery. For pickup, place orders online or via the Otto app. For delivery, order online, via the Otto app, or by phone; delivery fees are waived for these methods through April 6. Rewards members get double points through April 6. Otto is also available on a number of third-party delivery platforms. 1432 Massachusetts Ave., Harvard Square, Cambridge

**Inman Square**

- **Highland Fried:** Serving its full menu for takeout and delivery daily from 11:30 a.m. to 8:30 p.m., no cash transactions. 1271 Cambridge St., Inman Square, Cambridge
- **Momi Nonmi:** Offering a takeout menu of sashimi, spam musubi, wagyu beef dumplings, and more. (Keep an eye on Instagram for menu updates.) Pre-ordering available by sending an Instagram message before 4 p.m. on the day of the desired pickup. 1128 Cambridge St., Inman Square, Cambridge

**Kendall Square**

- **Bertucci’s:** All 56 Bertucci’s locations are offering free delivery — including catering orders — for orders placed on Bertuccis.com. 799 Main St., Kendall Square, Cambridge
- **Bon Me:** See full details in Alewife section above. 1 Kendall Sq., Kendall Square, Cambridge
- **Shy Bird:** Offering takeout and no-contact delivery via online ordering; the menu is streamlined between Shy Bird and Watertown sibling Branch Line, with delivery available throughout Boston, Cambridge, Somerville, Newton, Watertown, and Belmont. (Takeout is only available at Shy Bird, not Branch Line.) Free delivery and 15% off with promo code ALLCOOPEDUP. 20% off gift card purchases with code ALLCOOPEDUP2020. Find the restaurants on the Caviar platform, too. Current hours are 8:30 a.m. to 8 p.m. daily. 390 Third St., Kendall Square, Cambridge

**North Cambridge**

- **Urban Hearth:** Offering contact-free delivery (within a two-mile radius) and contact-free curbside pickup from 4 p.m. to 9 p.m. Tuesday through Sunday, with six family-style meal options (plus sides and dessert add-ons). Pre-order available and new dishes available each week. Call (617) 682-7295 or order online. 2263 Massachusetts Ave., North Cambridge

**Porter Square**

- **Anna’s Taqueria:** All locations except MIT are open for takeout and delivery, with delivery available on several apps, including DoorDash and Grubhub. 1 Porter Sq., Porter Square, Cambridge

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- Newtowne Grille: Offering takeout between noon and 8 p.m., starting on March 17.  
  1945 Massachusetts Ave., Porter Square, Cambridge
- Sugar & Spice Thai: Offering “survival kits” — rice noodle soup, massaman curry, and chicken congee by the quart, $7.95 each — as well as the regular menu. Order online or call (617) 868-4200 for no-contact, free delivery or curbside pickup. Currently operating noon to 9 p.m. daily. Note: On Sundays starting on March 22, from noon to 2:30 p.m., free chicken or veggie fried rice is available to anyone who wants it (pickup only) — no ordering necessary; it’ll be sitting prepackaged outside, ready to go. 1933 Massachusetts Ave., Porter Square, Cambridge

Chestnut Hill

- Aquitaine: Aquitaine’s Chestnut Hill location is offering takeout, curbside pickup, and delivery (Grubhub, DoorDash, Uber Eats) from 4 p.m. to 8:30 p.m. daily. Menu and other information available online or call (617) 734-8400. 11 Boylston St., Chestnut Hill
- Frank Pepe Pizzeria Napoletana: Offering takeout from both Massachusetts locations. The Shops at Chestnut Hill, 199 Boylston St., Chestnut Hill
- Oath Pizza: Offering the full menu for takeout and delivery via the Oath website, Uber Eats, and DoorDash, with all delivery fees waived. “Take and Bake” pizzas are also available; freeze them and finish cooking them later. 210 Boylston St., Chestnut Hill Square

Hingham

- Alma Nove: Offering a limited dinner takeout menu (with curbside pickup) and delivery around Hingham. Call (781) 749-3353 or visit the website for more information. 22 Shipyard Dr., Hingham
- Wahlburgers: Offering takeout, curbside pickup, and delivery from noon to 8 p.m. daily; order on the website or through the Wahlburgers app. 19 Shipyard Dr., Hingham

Lynnfield

- Otto Pizza: Offering pickup and no-contact delivery. For pickup, place orders online or via the Otto app. For delivery, order online, via the Otto app, or by phone; delivery fees are waived for these methods through April 6. Rewards members get double points through April 6. Otto is also available on a number of third-party delivery platforms. 1210 Market St., Lynnfield
- Wahlburgers: Offering takeout, curbside pickup, and delivery from noon to 8 p.m. daily; order on the website or through the Wahlburgers app. 930 Market St., Lynnfield

Malden

Here is a resource published by the city of Malden with takeout and delivery options and other information.

Medford

**Updated list on 4/08/2020**
Here is a third-party resource with more Medford takeout and delivery options.

- **Semolina Kitchen and Bar**: Offering takeout and delivery (Grubhub, Uber Eats, Caviar). The full menu is available. Call (781) 219-3871. 572 Boston Ave., Medford
- **Tenoch**: All brick-and-mortar locations open regular hours for takeout only from March 17 through April 17. No food trucks. 24 Riverside Ave., Medford Square

NEWTON

- The Newton/Needham Chamber of Commerce has compiled a list of restaurants open for takeout and delivery. Included is an interactive map. [Newton/Needham Dine-Local](#)
- **Anna’s Taqueria**: All locations except MIT are open for takeout and delivery, with delivery available on several apps, including DoorDash and Grubhub. 27 Lincoln St., Newton
- **Bertucci’s**: All 56 Bertucci’s locations are offering free delivery — including catering orders — for orders placed on Bertuccis.com. 275 Centre St., Newton
- **Blue Ribbon BBQ**: All locations are offering takeout and delivery from 11:30 a.m. to 8:30 Monday through Saturday and until 7:30 p.m. Sunday. $20 minimum order. Delivery fees waived. Orders must be placed by phone and prepaid with credit card, but tips cannot be processed on credit card at this time. For this location, call (617) 332-2583 to order; it’s delivering within a three-mile radius of the restaurant and within the towns of Wellesley and Weston. 1375 Washington St., West Newton
- **Farm Grill & Rotisserie**: Expanding its existing takeout and delivery options to include curbside pickup as well as free delivery in Newton and Needham. Open 11 a.m. to 9 p.m. Monday through Saturday. Call (617) 964-7766 or order online. 40 Needham St., Newton

SOMERVILLE

Here is a third-party resource with more Somerville takeout and delivery options.

**Davis Square**

- **Anna’s Taqueria**: All locations except MIT are open for takeout and delivery, with delivery available on several apps, including DoorDash and Grubhub. 236A Elm St., Davis Square, Somerville
- **Dakzen**: Offering takeout from 11 a.m. to 9 p.m. daily (10 p.m. on Friday and Saturday); call (617) 718-1759 to order. Delivery is available via Uber Eats from 11 a.m. to 2 a.m. daily, with a late-night menu offered between 9 p.m. (or 10 p.m. Friday and Saturday) and close.
- **Dave’s Fresh Pasta**: Free local delivery (within a two-mile radius; $30 minimum) and curbside pickup. 81 Holland St., Davis Square, Somerville
- **Oath Pizza**: Offering the full menu for takeout and delivery via the Oath website, Uber Eats, and DoorDash, with all delivery fees waived. “Take and Bake” pizzas will also be

**Updated list on 4/08/2020**
available starting on 3/18; freeze them and finish cooking them later. 280 Elm St., Davis Square, Somerville

- **Tenoch:** All brick-and-mortar locations open regular hours for takeout only from March 17 through April 17. No food trucks. 382 Highland Ave., Davis Square, Somerville

**Magoun Square**

- **Olde Magoun’s Saloon:** Open daily from 4 p.m. to 10 p.m. with a limited takeout menu (curbside pickup). A gratuity will be added for the server providing curbside service. 518 Medford St., Magoun Square, Somerville
- **Pennypacker’s:** Offering takeout and delivery on weekdays 11 a.m. to 7 p.m. and weekends 10 a.m. to 5 p.m., serving assorted sandwiches, salads, soups, and more. Call (857) 523-8053 or use Grubhub for takeout and delivery. Walk-ins welcome. 514C Medford St., Magouns Square, Somerville

**Spring Hill**

- **Moroccan Hospitality Restaurant:** Open for takeout and delivery; menu here. Call (617) 623-0020 for takeout, and order delivery through Uber Eats. 585 Somerville Ave., Somerville
- **Sam’s Falafel & Shawarma Place:** Order online for free delivery and 20% off. 215B Highland Rd., Somerville

**Teele Square**

- **True Bistro:** “We will be offering delivery options with full meal kits to people who call and email, with discounts for our beloved medical staff. This allows us to keep some of our staff employed and serve food to a community bracing against this public crisis. ... We are offering the option to donate a meal to member of the community struggling to make ends meet, and encourage any who have lost their job or are struggling to put food on the table to reach out to us and let us know and food will be provided for you at no cost to you.” The option to donate to True Bistro’s employees is also available through the online ordering system. Takeout ordering now available via Toast, with Grubhub delivery coming soon. 1153 Broadway, Teele Square, Somerville

**Union Square**

- **Buenas:** Offering “self-care kits” with frozen empanadas, frozen dough to make your own, and/or half pints of sauces; order here for delivery from March 19 to 22. Takeout pre-orders are also available here, and there will be Grubhub and Uber Eats promos and deliveries all weekend too. 1 Bow Market Way, Bow Market, Union Square, Somerville
- **Celeste:** Offering takeout and delivery, including some of the restaurant’s classics as well as rotating specials. Order online. 21 Bow St., Union Square, Somerville
- **Himalayan Kitchen:** Order online for takeout and delivery. The regular menu is available, including lunch combos. 40 Bow St., Union Square, Somerville

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CORPORATE, GOVERNMENT, AND LOCAL RESOURCES RESPONSES TO COVID-19

- **Hooked Fish Shop**: Offering free, no-contact delivery of fresh and smoked fish on Tuesday, Wednesday, and Friday to Boston, Cambridge, Somerville, Medford, Malden, Brookline, Newton, Watertown, Belmont, and Arlington; email andy@eat hooked.com or call (617) 684-5716 with questions. **Order online.** The plan, as of March 16, is that the shop will also be open for takeout; keep an eye on social media for updates. *1 Bow Market Way, Bow Market, Union Square, Somerville*

- **Hot Box**: Offering its full selection of bar pizza and roast beef sandwiches for takeout and delivery (*via Grubhub*). *1 Bow Market Way, Bow Market, Union Square, Somerville*

- **Jaju Pierogi**: Offering pickup and delivery *via Uber Eats*. Ready-to-eat pierogi, dozen packs, and frozen kielbasa available. Plus, the company will be delivering “Polish meal kits” (pierogi, kielbasa, and “all the toppings”) starting on March 20, hitting the following regions: Boston and North Shore on the night of March 20, Metrowest through Worcester on the morning of March 21, South Shore on the afternoon of March 21, Northern Rhode Island on the evening of March 21, and Southern New Hampshire and Southern Maine (through Portland) on Sunday. **Order meal kits here.** *1 Bow Market Way, Bow Market, Union Square, Somerville*

- **Juliet**: Offering a limited and always-changing takeout option, generally one entree, side dish, and dessert each night, as well as breakfast tacos, coffee, and pastryl on weekend mornings. Sign up here to get a daily email with the details. *257 Washington St., Union Square, Somerville*

- **Maca**: No-contact macaron pickup available at the Bow Market shop; **preorder online.** *1 Bow Market Way, Bow Market, Union Square, Somerville*

- **Nu Kitchen**: **Order online** for pickup or delivery (or download the cafe’s app and get 10% off orders through April 7 with code eatclean. The cafe is serving its usual assortment of grain bowls, acai bowls, sandwiches, and more. *195 Washington St., Union Square, Somerville*

**BEYOND BOSTON**

- **Adelita**: Adelita’s new sibling in Boston proper, Woods Hills Pier 4, is not offering delivery or takeout at this time, and neither is the original Woods Hill location in Concord. Adelita, however, is offering takeout and delivery between 5 p.m. and 8 p.m. Takeout orders can be placed **online** or by phone at (978) 254-0710 (credit or debit payment only either way), and delivery can be ordered via DoorDash. *1200 Main St., Concord*

- **Alta Strada**: Takeout (with curbside pickup) and delivery available with a menu that includes pastas, pizzas, sandwiches, salads, and casseroles geared at feeding a family of four, such as lasagna and meatballs. **Order online** or call (781) 237-6100. *92 Central St., Wellesley*

- **Bertucci’s**: All 56 Bertucci’s locations are offering free delivery — including catering orders — for orders placed on Bertuccis.com. **Multiple locations**

- **Blue Ribbon BBQ**: All locations are offering takeout and delivery from 11:30 a.m. to 8:30 Monday through Saturday and until 7:30 p.m. Sunday. $20 minimum order. Delivery fees waived. Orders must be placed by phone and prepaid with credit card, but tips cannot be processed on credit card at this time. For the Dedham location, call (781) 312-2583 to order; it’s delivering within a three-mile radius of the restaurant, including

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Hyde Park, Readville, and West Roxbury, as well as within Needham and Westwood. 342 Washington St., Dedham
• (Shopping Guide - Downtown Framingham, n.d.) **Branch Line:** Offering no-contact delivery via online ordering; the menu is streamlined between Branch Line and Cambridge sibling Shy Bird, with delivery available throughout Boston, Cambridge, Somerville, Newton, Watertown, and Belmont. (Takeout is only available at Shy Bird, not Branch Line.) Free delivery and 15% off with promo code ALLCOOPEDUP. 20% off gift card purchases with code ALLCOOPEDUP2020. Find the restaurants on the Caviar platform, too. Current hours are 8:30 a.m. to 8 p.m. daily. 321 Arsenal St., Watertown
• **Frank Pepe Pizzeria Napoletana:** Offering takeout from both Massachusetts locations. Burlington Mall, 75 Middlesex Turnpike, Burlington
• **Otto Pizza:** Offering pickup and no-contact delivery. For pickup, place orders online or via the Otto app. For delivery, order online, via the Otto app, or by phone; delivery fees are waived for these methods through April 6. Rewards members get double points through April 6. Otto is also available on a number of third-party delivery platforms. 202 Merrimac St., Newburyport
• **Ristorante Lucia:** Full menu available for takeout and delivery, 4:30 p.m. to 9 p.m. every day. Call (781) 729-0515 to arrange no-contact curbside pickup in front of the restaurant or local delivery. Delivery orders can also be made via Grubhub and UberEats. 13 Mt. Vernon St., Winchester
• **Steel & Rye:** Offering “a nutritious and complete family meal each night, available for carry-out at the best value we can offer.” For example, on March 14, the restaurant served salad and wood-roasted chicken with accoutrements for $15 per person, available in multiples of four, six, and eight. Visit the **Steel & Rye** website for each day’s menu and call (617) 690-2787 to order. Available until 6 p.m. or while supplies last. 95 Eliot St., Milton
• **Tuscan Kitchen:** Offering takeout (including curbside pickup) and delivery. Order directly by calling (781) 229-0300, or use DoorDash. Available from 11 a.m. to 8 p.m. daily. 2400 District Ave., Burlington
• **Valsos Table & Bar:** Offering takeout and free delivery to Revere, Winthrop, East Boston, and Chelsea from 11:30 a.m. to 10 p.m. Call (781) 629-4843. Menu here. 139 Shirley Ave., Revere

FRAMINGHAM

• Downtown Framingham published a list of restaurants open for takeout and delivery. Check here > Downtown Framingham - Dining
• The Newton/Needham Chamber of Commerce has compiled a list of restaurants open for takeout and delivery. Included is an interactive map. Newton/Needham Dine-Local

MILFORD

• Pizza Palace is open for takeout and delivery. Order at Milford Pizza Palace or call 508-478-8898 or 508-478-8899 - 8 Beach St., Milford.

**Updated list on 4/08/2020**
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**REFERENCES**
