



## PARENTS OF TRANSITIONAL AGE YOUTH

The Parents of Transitional Age Youth (PTAY) program is designed to help families guide young adults ages 14-25 with behavioral, emotional, or mental health needs through the transition to adulthood. We help families gain a sense of confidence in guiding their youth, as well as to empower families by providing them with information, education, and resources that will help them to advocate for supports and services for their young adult.

### Our Services Include:

- ✓ Parent Support Groups
- ✓ Parent / Community Education
- ✓ Resource Center
- ✓ One-on-One Support

Monthly parent support groups offer the opportunity to support each other and share ideas and information. PTAY parents are assisted through one-on-one support with a PTAY Coordinator. PTAY workshops educate and heighten awareness of parents, professionals, and community members about the struggles many families face as they seek to guide their young adult to independence. Some of the topics covered include housing, education, transportation, social skills, and independent living.

## PARENT INFORMATION NETWORK

Our goal is to educate, empower, and support parents and caregivers raising children and young adults with mental health challenges.

**For more information, contact:**

508-947-8779

**Parent Information Network is a BAMSI program funded by the Department of Mental Health**