# BASE

# The BASE Program

The BASE program offers a 10-month afterschool program, a school break program, and a comprehensive summer program. The length of stay in the program is 9 to 15 months, based on the needs of each individual student.

The transition of the child from the program will occur when the family, BASE staff, and DMH/CSA Case Worker together agree that the student has met his/her intended goals for the program. Participants may then be eligible to attend a second, less-restrictive group that focuses on community activities, group cohesion, and transition out of BASE.

The staff is comprised of a Program Director with a clinical background, four Resource Counselor Aides, and consultants from various disciplines.



#### Reaching Us

450 Pleasant Street East Bridgewater, MA 02333 Office: 508-584-0074 Fax: 508-584-3164

# A part of BAMSI

Brockton Area Multi-Services, Inc. is a statewide human services organization dedicated to "bringing people and services together." Incorporated in 1975, BAMSI is one of the largest minority non-profit organizations in Massachusetts and delivers a broad spectrum of high-quality services to individuals and families. Program services include day and residential programs; counseling and outreach; schoolbased services; child and family support services; and information, referral, and advocacy.

#### Department of Mental Health

The mission of the Department of Mental Health is to improve the quality of life for adults with serious and persistent mental illness and children with serious mental illness or severe emotional disturbance. This is accomplished by ensuring access to an integrated network of effective, efficient and culturally competent mental health services that promotes consumer rights, responsibilities, rehabilitation, and recovery.

Brockton Area Multi-Services, Inc. www.bamsi.org 10 Christy's Drive • Brockton, MA 02301 Phone 508-580-8700 • Fax 508-580-3114 • TTY 508-580-0437

# BAMSI services have a caring heart



# BAMSI BASE

### Our Mission

BASE is an after-school program designed to meet the behavioral and emotional needs of children ages 6-12 who are unable to succeed in non-therapeutic community programs. BASE provides therapeutic services focusing on socialization skills, conflict resolution, anger management techniques, and the development of appropriate behaviors.

#### Program Goals

The goal of BASE is to help students gain the skills needed to graduate to a less restrictive after-school environment. Through positive reinforcement, individual learning experiences, and group development, students are helped to achieve their goals. Staff members evaluate each child to determine if individual goals have been met and if treatment at BASE needs to continue. Graduation is assessed on an individual ual basis during team care plan meetings.

#### <u>Referrals</u>

Referrals are made through the Department of Mental Health throughout the year. Approved referrals are sent to the Program Director for intake assessment with families. After the intake is completed and a child is accepted into the program, a starting date will be provided to the family.

### **Family Participation**

Goals are determined on an individualized basis according to each child's needs. Families will be central in creating, supporting, and approving treatment goals. BASE will coordinate quarterly review meetings with families and other providers to review progress towards attaining goals and planning further treatment.

#### **Daily Activities**

A daily schedule is designed that is structured, educational, inviting, fun, and inclusive of all students' needs. The following are some activities offered by the BASE program:

- Homework support
- Group therapy
- Anger management
- Behavior management
- Social skill-building
- Physical fitness
- Arts and crafts
- Family night
- Community outings

Students also benefit from group discussion, relaxation techniques, meditation, games, and expressive therapy. A behavior system provides additional motivation for children to meet their goals during their participation at BASE.

#### Hours:

Monday – Friday, 2:00 p.m. - 5:00 p.m. Office Open Daily 10:00 a.m. - 6:00 p.m. Summer and School Vacations 8:00 a.m. - 4:00 p.m.

# **BASE Meeting**

#### Intake

This is the initial meeting where the Program Director introduces the family to the program. The child and family receive a guided tour of the facilities and the student is able to spend time in the classroom as the parent and Program Director complete the intake assessment. During the intake process, parents will receive a thorough orientation to the program, its mission and goals, and the wraparound planning process.

#### **Strengths Discovery**

The Program Director will initiate contact with all providers and family to develop a comprehensive strengths assessment. This strengths discovery will be shared with the family and provider team during the first care plan meeting.

#### Wraparound Meeting

Family members and the family support team meet to discuss progress and strategize on the next steps for the student and family. Meetings are held every quarter. The day of the week, times, and venue may vary to accommodate the needs of the family. Family members attend this meeting, and are strongly encouraged to invite any persons whom they perceive as supportive.

#### **Hospital Meetings/Discharge**

The Program Director or designee is available to attend hospital and/or discharge meetings of youth who may need additional service coordination and planning. Meetings will be scheduled in collaboration with DMH/DCF/CSA workers and hospital staff.