

What's New?

AT OUR CLUBHOUSE

Upcoming Events At Our Clubhouse!

Monday 10/7	Advisory Board 10AM
Monday 10/14	Franklin Park Zoo Outing 9:30AM-2PM
Wednesday 10/16	Diversity Lunch – Celebrating Culture & Cuisine from Portugal
Thursday 10/17	Brown Bag – see Stephanie
Wednesday 10/30	Employment Breakfast 10AM
Thursday 10/31	Halloween Party 11AM-1PM

Birthday Celebration the last Friday of every month!

Come join us for Community Walk every morning & our weekly Library Outing every Monday!

KITCHEN UNIT

SEE REMY & MARIAH

Come see what's cooking in Our Kitchen Unit! See Remy to find out how you can learn and practice your kitchen skills by participating in the Kitchen Unit! And don't forget about Baking Group every Friday morning and Our Cultural Lunch once monthly!

HEALTH & WELLNESS

SEE KENSIA

Come check out our opportunities to get active and maintain your health with new Health & Wellness groups and activities, or stop by to take a walk on the treadmill or ride on the bike! On nice days, don't forget about Walking Group!

EMPLOYMENT & EDUCATION

SEE STEPHANIE

Looking for a new job? Or maybe it is time to go back to school! Make an appointment to meet with Stephanie to find out how Our Clubhouse can help you on your path towards

Our Clubhouse embraces partnership, collaboration, diversity and the richness of community life, relying on Member participation and guidance to assure quality services.

Work Ordered Day

Based on an internationally recognized model, Clubhouse members take an active role in operations and work with staff to develop skills independent skills to enhance their lives in and out of the Clubhouse.

Get Involved with Our Clubhouse Community!

Advisory Board

Diversity Committee

Daily Clubhouse Operations

MCC Meetings

See staff or our Advisory Board co-chairs for more info!

COME INCREASE YOUR SKILLS IN:

- social networking
- independent living
- budgeting
- accessing transportation
- self-care
- maintaining educational goals
- dual recovery peer supports
- and securing and retaining employment

**Our Members
Have Many
Opportunities to
Practice and
Learn Skills!**

A NOTE FROM OUR DIRECTOR

"The Clubhouse community helps eliminate disadvantages experienced by people living with mental health issues so they can live fulfilling lives and be fully a part of their communities."

Nadine Chirac, Program Director, BAMSI OUR Clubhouse



BAMSI COMMUNITY

Clubhouse Updates

The sand sparkled like an emerald green, I saw the swans floating, oh how serene. Across the beach I saw so many picnic tables, the scenery was so vivid, and I just had to say it ; then further down , I saw sparkling water fountains , so I had to close my eyes, 'cuz it was so astounding. It was more breath taking than any story book page, but as for me, it seemed kinda' strange, but not as strange as purple clouds that appeared in the sky, although I felt it, I just couldn't say why; 'cuz I knew it would soon just fade away, so I enjoyed the breeze, and some fresh lemonade; and then the most amazing rainbows had started to appear, then it became crystal; and oh so very clear, to be clear that we should enjoy each day, before another rainbow dissipates.

Beverly T.

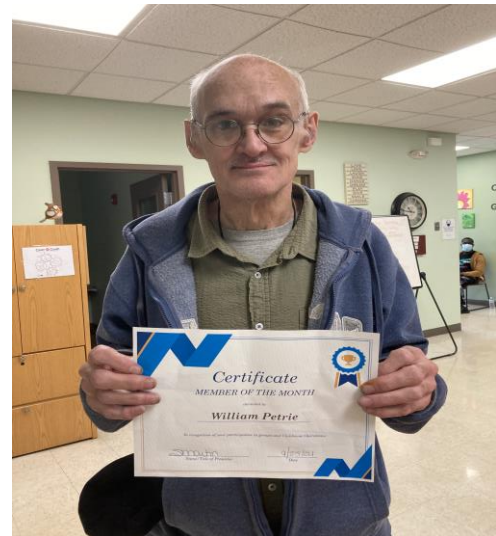


The Salvation Army will begin accepting applications for this year's Kettle Campaign. See Stephanie if you are interested in being a Bell Ringer this holiday season!

As we continue to grow, we will now be offering staff assistance for Community Linkages! For help with housing, finding medical care or other resources see Claire!

Member of the Month

Congratulations to William P!



Happy Birthday!

Greg 10/2
 Natasha 10/2
 Stanley 10/8
 Hilton 10/17
 Dawn 10/19
 Zito 10/23
 Ed 10/23
 Johnny L 10/27
 William P 10/27
 Sue M 10/31